German New Medicine and a New Model for Disease

One of the most interesting and significant discoveries regarding understanding health and disease that you have most likely not heard of is German New Medicine. Twenty years ago, Dr. Ryke Geerd Hamer, a German doctor with his own practice in Rome, Italy, received a call in the middle of the night. His 17-year old son, Dirk, had been shot while on holiday in the Mediterranean. Three months later, Dirk died and shortly after, Dr. Hamer, who had been healthy all his life, but who was utterly devastated by this catastrophe, found he had testicular cancer. Rather suspicious about this coincidence, he set about doing research on the personal histories of cancer patients to see whether they had suffered some shock, distress or trauma before their illness.

In time, after extensive research of thousands of patients, Dr. Hamer was finally able to conclude that disease is only brought about by a shock for which we are totally unprepared. This last point is very important. If we can in any way be prepared for the shocking event, we will not become ill. In fact, Dr. Hamer does not like to say ‘cancer’. Rather, it is a special biological response to an unusual situation, and when the ‘shock’ situation is resolved, the body sets about returning to normality.

As a medical doctor, scientific researcher and head internist of an oncology clinic in Munich, Dr. Hamer was in the position to be able to come to the conclusion that a physical event can create a biological conflict shock that manifests in a visible physical transformation in the brain, and leads to a measurable change in physical-nervous parameters and to the development of cancerous growths, ulcerations, necroses and functional disturbances in specific organs of the body.

After twenty years of research and therapy with over 31,000 patients, Dr. Hamer finally established firmly, logically and empirically how biological conflict-shock results in a cold cancerous or necrotic phase and how, if the conflict is resolved, the cancerous or necrotic process is reversed to repair the damage and return the individual to health.

But Dr. Hamer took his research a momentous step further. Pursuing the hypothesis that all bodily events are controlled from the brain, he analyzed his patients’ brain scans and compared them with their medical records. Dr. Hamer discovered that every disease—not only cancer!—is controlled from its own specific area in the brain and linked to a very particular, identifiable, "conflict shock".

In summary, Dr. Hamer’s discoveries can be presented as follows:

1. The first biological law

The Iron Rule of Cancer: Every cancer or cancer-equivalent disease originates with a very difficult, highly acute, dramatic and isolating shock.
The experience of shock conflict is simultaneous or virtually simultaneous on all three levels: on the psyche (emotions); on the brain and in the organ.

The second biological law is the resolution or healing phase which may happen years or even decades after the emotional conflict-shock. The resolution phase is what we usually refer to as chronic degenerative disease, malignancy, and other common diseases. When the body produces symptoms, it is actually trying to heal the conflict phase. That is normally when we see patients.

At this point I am not sure how Dr. Hamer treats his patients, but I do know that he has a success rate of successful resolution above 90% as long as the patient has had no chemotherapy.

How can these principles work in a chiropractic clinic? We know that human health consists of three areas which are completely interwoven: emotions, chemistry, and structure/neurological. They are equally important and all three must be addressed to bring true healing to a patient. The technology now exists to be able to access, evaluate, and bring healing to an individual’s emotional state as well as chemistry and structure. I am currently working on getting that technology into my office although I am currently able to access emotions (which can dramatically affect health) through techniques as NET (neuroemotional technique), Carol Truman’s work: *Feelings Buried Alive Never Die*, and another technique, The Emotion Code.

Many of you as patients have successfully experienced this work in my office.